

**УТВЕРЖДАЮ**  
 Директор СПб ГБПОУ «УОР № 1»  
 В.А. Кузнецов  
 « \_\_\_\_\_ » \_\_\_\_\_ 2023 г.

**Требования к спортивным результатам поступающих-представителей вида спорта плавание,  
 предъявляемые СПб ГБПОУ «УОР № 1» в 2023 году.**

Мальчики. 2009 г.р. (бассейн - 50 метров, результат на официальных соревнованиях с 01.09.2022).

Баллы	Вольный стиль					Брасс		Баттерфляй		На спине		Комплекс	
	100	200	400	800	1500	100	200	100	200	100	200	200	400
70	00:51,90	01:53,63	04:02,22	08:26,82	16:00,14	01:05,06	02:21,45	00:55,92	02:05,71	00:58,20	02:06,22	02:07,70	04:31,72
60	00:52,70	01:55,38	04:05,96	08:34,66	16:14,98	01:06,06	02:23,63	00:56,79	02:07,66	00:59,10	02:08,17	02:09,68	04:35,92
50	00:53,50	01:57,14	04:09,71	08:42,50	16:29,83	01:07,07	02:25,82	00:57,65	02:09,60	01:00,00	02:10,12	02:11,65	04:40,12
40	00:54,30	01:58,90	04:13,46	08:50,34	16:44,68	01:08,08	02:28,01	00:58,51	02:11,54	01:00,90	02:12,07	02:13,62	04:44,32
30	00:55,11	02:00,65	04:17,20	08:58,18	16:59,52	01:09,08	02:30,19	00:59,38	02:13,49	01:01,80	02:14,02	02:15,60	04:48,52
20	00:55,91	02:02,41	04:20,95	09:06,01	17:14,37	01:10,09	02:32,38	01:00,24	02:15,43	01:02,70	02:15,98	02:17,57	04:52,73
10	00:56,71	02:04,17	04:24,69	09:13,85	17:29,22	01:11,09	02:34,57	01:01,11	02:17,38	01:03,60	02:17,93	02:19,55	04:56,93

Девочки. 2009 г.р. (бассейн - 50 метров, результат на официальных соревнованиях с 01.09.2022).

Баллы	Вольный стиль					Брасс		Баттерфляй		На спине		Комплекс	
	100	200	400	800	1500	100	200	100	200	100	200	200	400
70	00:54,99	01:59,03	04:11,80	08:36,95	16:48,63	01:09,64	02:30,46	00:59,71	02:13,06	01:01,67	02:13,06	02:14,84	04:46,77
60	00:55,84	02:00,87	04:15,70	08:44,95	17:04,22	01:10,71	02:32,78	01:00,64	02:15,12	01:02,63	02:15,12	02:16,92	04:51,21
50	00:56,69	02:02,71	04:19,59	08:52,94	17:19,82	01:11,79	02:35,11	01:01,56	02:17,18	01:03,58	02:17,18	02:19,01	04:55,64
40	00:57,54	02:04,55	04:23,48	09:00,93	17:35,42	01:12,87	02:37,44	01:02,48	02:19,24	01:04,53	02:19,24	02:21,10	05:00,07
30	00:58,39	02:06,39	04:27,38	09:08,93	17:51,01	01:13,94	02:39,76	01:03,41	02:21,30	01:05,49	02:21,30	02:23,18	05:04,51
20	00:59,24	02:08,23	04:31,27	09:16,92	18:06,61	01:15,02	02:42,09	01:04,33	02:23,35	01:06,44	02:23,35	02:25,27	05:08,94
10	01:00,09	02:10,07	04:35,17	09:24,92	18:22,21	01:16,10	02:44,42	01:05,25	02:25,41	01:07,39	02:25,41	02:27,35	05:13,38

Мальчики. 2008 г.р. (бассейн - 50 метров, результат на официальных соревнованиях с 01.09.2022).

Баллы	Вольный стиль					Брасс		Баттерфляй		На спине		Комплекс	
	100	200	400	800	1500	100	200	100	200	100	200	200	400
70	00:50,41	01:49,81	03:54,78	08:17,29	15:39,96	01:03,83	02:18,72	00:53,97	02:01,70	00:56,76	02:03,25	02:04,36	04:26,06
60	00:51,19	01:51,51	03:58,41	08:24,98	15:54,49	01:04,81	02:20,86	00:54,81	02:03,58	00:57,64	02:05,15	02:06,29	04:30,18
50	00:51,97	01:53,21	04:02,04	08:32,67	16:09,03	01:05,80	02:23,01	00:55,64	02:05,46	00:58,52	02:07,06	02:08,21	04:34,29
40	00:52,75	01:54,91	04:05,67	08:40,36	16:23,57	01:06,79	02:25,16	00:56,47	02:07,34	00:59,40	02:08,97	02:10,13	04:38,40
30	00:53,53	01:56,61	04:09,30	08:48,05	16:38,10	01:07,77	02:27,30	00:57,31	02:09,22	01:00,28	02:10,87	02:12,06	04:42,52
20	00:54,31	01:58,30	04:12,93	08:55,74	16:52,64	01:08,76	02:29,45	00:58,14	02:11,11	01:01,15	02:12,78	02:13,98	04:46,63
10	00:55,09	02:00,00	04:16,56	09:03,43	17:07,17	01:09,75	02:31,59	00:58,98	02:12,99	01:02,03	02:14,68	02:15,90	04:50,75

Девочки. 2008 г.р. (бассейн - 50 метров, результат на официальных соревнованиях с 01.09.2022).

Баллы	Вольный стиль					Брасс		Баттерфляй		На спине		Комплекс	
	100	200	400	800	1500	100	200	100	200	100	200	200	400
70	00:54,14	01:57,33	04:07,58	08:30,90	16:19,31	01:08,15	02:27,35	00:58,99	02:10,25	01:01,10	02:10,87	02:12,58	04:42,11
60	00:54,97	01:59,15	04:11,41	08:38,80	16:34,46	01:09,21	02:29,63	00:59,90	02:12,27	01:02,05	02:12,90	02:14,63	04:46,48
50	00:55,81	02:00,96	04:15,24	08:46,70	16:49,60	01:10,26	02:31,91	01:00,81	02:14,28	01:02,99	02:14,92	02:16,68	04:50,84
40	00:56,65	02:02,77	04:19,07	08:54,60	17:04,74	01:11,31	02:34,19	01:01,72	02:16,29	01:03,93	02:16,94	02:18,73	04:55,20
30	00:57,48	02:04,59	04:22,90	09:02,50	17:19,89	01:12,37	02:36,47	01:02,63	02:18,31	01:04,88	02:18,97	02:20,78	04:59,57
20	00:58,32	02:06,40	04:26,73	09:10,40	17:35,03	01:13,42	02:38,75	01:03,55	02:20,32	01:05,82	02:20,99	02:22,83	05:03,93
10	00:59,16	02:08,22	04:30,55	09:18,30	17:50,18	01:14,48	02:41,02	01:04,46	02:22,34	01:06,77	02:23,02	02:24,88	05:08,29

Мальчики. 2007 г.р. (бассейн - 50 метров, результат на официальных соревнованиях с 01.09.2022).

Баллы	Вольный стиль					Брасс		Баттерфляй		На спине		Комплекс	
	100	200	400	800	1500	100	200	100	200	100	200	200	400
70	00:49,76	01:48,52	03:51,24	08:07,75	15:18,60	01:02,40	02:14,97	00:53,16	01:59,30	00:55,39	02:00,48	02:02,27	04:20,23
60	00:50,53	01:50,20	03:54,81	08:15,30	15:32,80	01:03,37	02:17,05	00:53,98	02:01,15	00:56,24	02:02,35	02:04,16	04:24,26
50	00:51,30	01:51,88	03:58,39	08:22,84	15:47,01	01:04,33	02:19,14	00:54,80	02:02,99	00:57,10	02:04,21	02:06,05	04:28,28
40	00:52,07	01:53,56	04:01,97	08:30,38	16:01,22	01:05,29	02:21,23	00:55,62	02:04,83	00:57,96	02:06,07	02:07,94	04:32,30
30	00:52,84	01:55,24	04:05,54	08:37,93	16:15,42	01:06,26	02:23,31	00:56,44	02:06,68	00:58,81	02:07,94	02:09,83	04:36,33
20	00:53,61	01:56,91	04:09,12	08:45,47	16:29,63	01:07,22	02:25,40	00:57,27	02:08,52	00:59,67	02:09,80	02:11,72	04:40,35
10	00:54,38	01:58,59	04:12,69	08:53,01	16:43,83	01:08,19	02:27,49	00:58,09	02:10,37	01:00,53	02:11,66	02:13,61	04:44,38

Девочки. 2007 г.р. (бассейн - 50 метров, результат на официальных соревнованиях с 01.09.2022).

Баллы	Вольный стиль					Брасс		Баттерфляй		На спине		Комплекс	
	100	200	400	800	1500	100	200	100	200	100	200	200	400
70	00:53,98	01:56,22	04:05,16	08:25,21	16:11,12	01:07,69	02:25,57	00:58,10	02:09,07	01:00,70	02:09,80	02:11,41	04:38,61
60	00:54,82	01:58,01	04:08,95	08:33,03	16:26,13	01:08,73	02:27,82	00:59,00	02:11,06	01:01,64	02:11,80	02:13,44	04:42,92
50	00:55,65	01:59,81	04:12,74	08:40,84	16:41,15	01:09,78	02:30,07	00:59,90	02:13,06	01:02,58	02:13,81	02:15,47	04:47,23
40	00:56,48	02:01,61	04:16,53	08:48,65	16:56,17	01:10,83	02:32,32	01:00,80	02:15,06	01:03,52	02:15,82	02:17,50	04:51,54
30	00:57,32	02:03,40	04:20,32	08:56,47	17:11,18	01:11,87	02:34,57	01:01,70	02:17,05	01:04,46	02:17,82	02:19,53	04:55,85
20	00:58,15	02:05,20	04:24,11	09:04,28	17:26,20	01:12,92	02:36,82	01:02,60	02:19,05	01:05,40	02:19,83	02:21,57	05:00,16
10	00:58,99	02:07,00	04:27,90	09:12,09	17:41,22	01:13,97	02:39,07	01:03,49	02:21,04	01:06,33	02:21,84	02:23,60	05:04,46

Мальчики. 2006 г.р. (бассейн - 50 метров, результат на официальных соревнованиях с 01.09.2022).

Баллы	Вольный стиль					Брасс		Баттерфляй		На спине		Комплекс	
	100	200	400	800	1500	100	200	100	200	100	200	200	400
70	00:49,03	01:47,39	03:48,30	07:54,03	15:04,64	01:01,38	02:12,20	00:52,67	01:57,37	00:54,45	01:59,11	02:00,62	04:17,18
60	00:49,79	01:49,05	03:51,83	08:01,36	15:18,63	01:02,33	02:14,25	00:53,49	01:59,19	00:55,29	02:00,95	02:02,48	04:21,15
50	00:50,55	01:50,71	03:55,36	08:08,69	15:32,62	01:03,28	02:16,29	00:54,30	02:01,00	00:56,13	02:02,79	02:04,35	04:25,13
40	00:51,31	01:52,37	03:58,89	08:16,02	15:46,61	01:04,23	02:18,33	00:55,11	02:02,81	00:56,97	02:04,63	02:06,22	04:29,11
30	00:52,07	01:54,03	04:02,42	08:23,35	16:00,60	01:05,18	02:20,38	00:55,93	02:04,63	00:57,81	02:06,47	02:08,08	04:33,08
20	00:52,82	01:55,69	04:05,95	08:30,68	16:14,59	01:06,13	02:22,42	00:56,74	02:06,44	00:58,66	02:08,32	02:09,95	04:37,06
10	00:53,58	01:57,35	04:09,48	08:38,01	16:28,58	01:07,08	02:24,47	00:57,56	02:08,26	00:59,50	02:10,16	02:11,81	04:41,04

Девочки. 2006 г.р. (бассейн - 50 метров, результат на официальных соревнованиях с 01.09.2022).

Баллы	Вольный стиль					Брасс		Баттерфляй		На спине		Комплекс	
	100	200	400	800	1500	100	200	100	200	100	200	200	400
70	00:53,82	01:55,44	04:04,59	08:23,43	16:05,15	01:07,32	02:25,11	00:57,52	02:08,85	00:59,89	02:08,97	02:10,59	04:37,28
60	00:54,65	01:57,22	04:08,37	08:31,21	16:20,07	01:08,36	02:27,36	00:58,41	02:10,85	01:00,81	02:10,97	02:12,61	04:41,57
50	00:55,48	01:59,01	04:12,15	08:39,00	16:35,00	01:09,40	02:29,60	00:59,30	02:12,84	01:01,74	02:12,96	02:14,63	04:45,86
40	00:56,31	02:00,80	04:15,93	08:46,78	16:49,92	01:10,44	02:31,84	01:00,19	02:14,83	01:02,67	02:14,95	02:16,65	04:50,15
30	00:57,14	02:02,58	04:19,71	08:54,57	17:04,85	01:11,48	02:34,09	01:01,08	02:16,83	01:03,59	02:16,95	02:18,67	04:54,44
20	00:57,98	02:04,37	04:23,50	09:02,35	17:19,77	01:12,52	02:36,33	01:01,97	02:18,82	01:04,52	02:18,94	02:20,69	04:58,72
10	00:58,81	02:06,15	04:27,28	09:10,14	17:34,70	01:13,56	02:38,58	01:02,86	02:20,81	01:05,44	02:20,94	02:22,71	05:03,01

Мальчики. 2005 г.р. (бассейн - 50 метров, результат на официальных соревнованиях с 01.09.2022).

Баллы	Вольный стиль					Брасс		Баттерфляй		На спине		Комплекс	
	100	200	400	800	1500	100	200	100	200	100	200	200	400
70	00:48,23	01:45,97	03:45,16	07:49,59	14:56,86	01:00,09	02:10,17	00:51,79	01:56,29	00:53,80	01:57,59	01:58,71	04:14,75
60	00:48,97	01:47,61	03:48,64	07:56,85	15:10,73	01:01,02	02:12,19	00:52,59	01:58,09	00:54,63	01:59,41	02:00,54	04:18,69
50	00:49,72	01:49,25	03:52,12	08:04,11	15:24,60	01:01,95	02:14,20	00:53,39	01:59,89	00:55,46	02:01,23	02:02,38	04:22,63
40	00:50,47	01:50,89	03:55,60	08:11,37	15:38,47	01:02,88	02:16,21	00:54,19	02:01,69	00:56,29	02:03,05	02:04,22	04:26,57
30	00:51,21	01:52,53	03:59,08	08:18,63	15:52,34	01:03,81	02:18,23	00:54,99	02:03,49	00:57,12	02:04,87	02:06,05	04:30,51
20	00:51,96	01:54,17	04:02,57	08:25,89	16:06,21	01:04,74	02:20,24	00:55,79	02:05,29	00:57,96	02:06,69	02:07,89	04:34,45
10	00:52,70	01:55,80	04:06,05	08:33,16	16:20,08	01:05,67	02:22,25	00:56,59	02:07,08	00:58,79	02:08,50	02:09,72	04:38,39

Мальчики. Абсолютный (бассейн - 50 метров, результат на официальных соревнованиях с 01.09.2022).

Баллы	Вольный стиль					Брасс		Баттерфляй		На спине		Комплекс		
	50	100	200	400	800	1500	100	200	100	200	100	200	200	400
70	00:21,34	00:47,14	01:43,44	03:39,71	07:37,03	14:32,35	00:58,36	02:07,00	00:50,40	01:53,44	00:52,37	01:54,44	01:55,83	04:08,56
60	00:21,67	00:47,87	01:45,04	03:43,11	07:44,09	14:45,84	00:59,27	02:08,97	00:51,18	01:55,20	00:53,18	01:56,21	01:57,62	04:12,41
50	00:22,00	00:48,60	01:46,64	03:46,51	07:51,16	14:59,33	01:00,17	02:10,93	00:51,96	01:56,95	00:53,99	01:57,98	01:59,41	04:16,25
40	00:22,33	00:49,33	01:48,24	03:49,91	07:58,23	15:12,82	01:01,07	02:12,89	00:52,74	01:58,70	00:54,80	01:59,75	02:01,20	04:20,09
30	00:22,66	00:50,06	01:49,84	03:53,31	08:05,29	15:26,31	01:01,98	02:14,86	00:53,52	02:00,46	00:55,61	02:01,52	02:02,99	04:23,94
20	00:22,99	00:50,79	01:51,44	03:56,70	08:12,36	15:39,80	01:02,88	02:16,82	00:54,30	02:02,21	00:56,42	02:03,29	02:04,78	04:27,78
10	00:23,32	00:51,52	01:53,04	04:00,10	08:19,43	15:53,29	01:03,78	02:18,79	00:55,08	02:03,97	00:57,23	02:05,06	02:06,57	04:31,62

Девочки. Абсолютный (бассейн - 50 метров, результат на официальных соревнованиях с 01.09.2022).

Баллы	Вольный стиль					Брасс		Баттерфляй		На спине		Комплекс		
	50	100	200	400	800	1500	100	200	100	200	100	200	200	400
70	00:24,14	00:52,53	01:54,09	04:00,13	08:12,01	15:43,62	01:05,84	02:21,77	00:56,57	02:05,62	00:58,66	02:06,15	02:09,21	04:33,90
60	00:24,52	00:53,34	01:55,86	04:03,85	08:19,62	15:58,21	01:06,86	02:23,96	00:57,45	02:07,57	00:59,56	02:08,10	02:11,21	04:38,13
50	00:24,89	00:54,15	01:57,62	04:07,56	08:27,23	16:12,80	01:07,88	02:26,15	00:58,32	02:09,51	01:00,47	02:10,05	02:13,21	04:42,37
40	00:25,26	00:54,96	01:59,38	04:11,27	08:34,84	16:27,39	01:08,90	02:28,34	00:59,19	02:11,45	01:01,38	02:12,00	02:15,21	04:46,61
30	00:25,64	00:55,77	02:01,15	04:14,99	08:42,45	16:41,98	01:09,92	02:30,53	01:00,07	02:13,40	01:02,28	02:13,95	02:17,21	04:50,84
20	00:26,01	00:56,59	02:02,91	04:18,70	08:50,06	16:56,58	01:10,93	02:32,73	01:00,94	02:15,34	01:03,19	02:15,90	02:19,20	04:55,08
10	00:26,38	00:57,40	02:04,68	04:22,41	08:57,66	17:11,17	01:11,95	02:34,92	01:01,82	02:17,28	01:04,10	02:17,85	02:21,20	04:59,31